

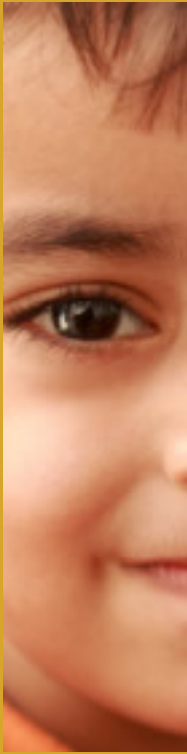
“There are two lasting things that we can give our children—one is roots and the other is wings.”
 Hodding Carter

WINGS

NEWS FROM CHILDREN'S TRUST FOUNDATION

DEDICATED TO PREVENTING CHILD ABUSE AND NEGLECT FOR 25 YEARS

SUMMER 2009 ISSUE



Children's Trust Foundation Celebrates 25 Years

June 18, 2009. Children's Trust Foundation kicked off its 25th birthday doing what it does best—supporting families and the programs that help them become stronger and preventing child abuse and neglect. In response to the budget crisis facing prevention programs this year, which brought a hefty \$1.4 million cutback in funding, Children's Trust Foundation worked hard to meet the needs facing families with a remarkable grant season. This year, our support included \$196,000 in grants. Well aware that this year's spending gap would deeply impact Washington families, we reacted by expanding our Board of

Directors and stimulating growth in our grant cycle. For example, Children's Trust Foundation's April campaign dedicated 100% of all gifts received to family support grants, which sent much needed funds to 25 programs in 12 Washington counties. These programs provided parenting education classes, support groups, child development, and parent-and-child activities to more than 3,200 parents and children. We also made certain that the grants awarded this year would reach as diverse of a group as possible. The families who benefit from these grants include those who belong to the military care for special-

needs children, live in urban and rural communities, and are native speakers of Spanish, Mandarin, Arabic, Russian, Ukrainian, Vietnamese, and many other languages. Children's Trust Foundation's 2009 efforts propelled unprecedented results for a single year.

DID YOU KNOW?

Children's Trust Foundation has given more than \$1 million in child abuse and neglect prevention grants over the past ten years!

Not too shabby for an organization 25 years young and a fantastic start for us as we head into the next 25 years of leadership and aid for families throughout Washington.

Thank You to Our Gracious Sponsors and Partners!

- Blue Highway Games
- Bouncing Wall Boutique & Gallery
- Diamond Nails
- Edgewater Hotel
- Foodista.com
- Gordon Biersch Brewery
- Greenlake Moms
- Hilltop Yarns
- Il Fornaio Restaurant
- Inn at the Market
- Julia's Restaurants
- Kappa Delta Sigma Iota
- Kim Ricketts Book Events
- Mac Ace, Inc.
- MomsLikeMe.com
- MultiCare
- Opal Bistro
- Pacific Northwest Theater Assoc.
- Pacific Place Mall
- Queen Anne Frame
- Queen Anne Mail & Dispatch
- Seattle's Child Magazine
- Starbucks
- The Teacup
- The Warren Report
- VideoIsle
- Woodland Park Zoo
- Yuen Lui Studio

Janet Miller Award for Family Support Excellence 2009 Recipient Named Claudia Dickinson

June 18, 2009. Children's Trust Foundation awarded **Claudia Dickinson** with the 2009 Janet Miller Award for Family Support Excellence at our 3rd Annual Awards Celebration. Established in 2007, this award honors a lifetime of achievement by Janet Miller, Children's Trust Foundation's key founder and beloved champion. The award recognizes innovation, unique inspiration, and excellence embodied by family support professionals like Claudia and cheers on their efforts with a \$10,000 unrestricted grant award.

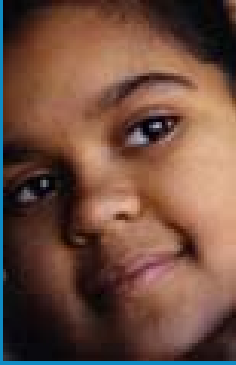
As the current Executive Director for **Angle Lake Family Resource Center** in SeaTac, Washington, Claudia is building a program from the ground up,

forging new coalitions within her community, and creating opportunities for the members of her community to participate in meaningful ways.



Claudia Dickinson

"Claudia is as an expert in building the will to act among community members who don't necessarily walk through the doors of the family support centers. She reaches out to businesses, churches, local government, other nonprofits, and gets them all in the act," states Winnie Corral, Executive Director for (continued on pg. 2)



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Janet Miller Award Cont.

Familias Unidas in South Everett and Children's Trust Foundation Board Member. Her skillfulness in developing solid coalitions in only two short years is evident when one reads the long list of supporters and partners listed on the Angle Lake website, www.lcsnw.org/anglelake.

Claudia's ability to integrate and build parent leadership among the Spanish-speaking parents at Angle Lake has applied model practices and encouraged the parents participating in its programs to achieve the highest level of parent involvement. Her efforts are shaping a Family Support Center that is the heart of the community for many in the SeaTac area. As remarkable as these efforts are, even more inspiring is the fact that this is not the first Family Support Center Claudia has transformed. Prior to joining Angle Lake, Claudia was the program manager at the **Family Support Center of South Snohomish County** in

Lynnwood for more than a decade, where she created strong, innovative, and sustainable programs that have continued to flourish.

"I can think of no greater honor and can think of no center that needs the money more," shared Claudia upon accepting the award. "This will go towards all



Barbara Mack & Jake Weber in 2007

the wonderful programs we've started."

No doubt Claudia will accomplish great things in her SeaTac community with the award, following in the footsteps of past Janet Miller Awardees .

Nita Lynn, 2008 award recipient and 26-year member of the **First Step Family Support Center** team in Port Angeles, recalls that the honor was a very personal one for her. Overwhelmed with respect and esteem for the works of Janet Miller and the drive to carry on Children's Trust Foundation's determination to "help family support centers survive and thrive," she devoted the award to her *Parents as Teachers Home Visiting Program*, which helps parents understand their role in their child's development and how to best prepare them for school and life success.

Jake Weber, Director of **FamilyWorks** in Seattle, the first Janet Miller Award recipient in 2007, also found that receiving the award proved to be an invaluable contribution to "the best and most relevant FamilyWorks programs which strengthen and empower families and prevent child abuse."

A Letter From the Executive Director

Dear Friends and Supporters,

After 25 years of service to Washington families, Children's Trust Foundation is committed to making the next 25 years even more impactful. We invite you to become part of the new energy and leadership that this year's Board of Directors has added to the important legacy begun by our founders. Children's Trust Foundation worked hard this Spring to help as many Washington families as possible this year

and we will be working hard this Summer to make sure that we support even more families in their efforts to be healthier and stronger, especially now during these trying times.

We can't do this alone. We need YOU to become part of our work to ensure that families have the support they need when they need it.

DID YOU KNOW?
You can make a gift to Children's Trust Foundation that goes 100% to prevention grants.

How can you help?

- A. **Sign up** for our monthly eNewsletter
- B. **Volunteer** on one of our fun committees
- C. **Attend** an upcoming event and bring a friend
- D. **Donate**

I look forward to getting to know you and seeing you this Fall.

Warmest regards,
Tracy

YOU CAN MAKE A DIFFERENCE!

VOLUNTEERS, PLEASE E-MAIL US AT INFO@CHILDRENSTRUST.ORG
HELP US GO GREEN BY SIGNING UP FOR OUR E-NEWSLETTER AT WWW.CHILDRENSTRUST.ORG

2009 Champions of Family Support Awards

June 18, 2009. Our Champions of Family Support Awards recognize the efforts of those



Mary Ann Murphy

benefited from **Jim and Kathy Youngren's** creativity and vision. As an unconditional supporter of his sister Janet Miller's work, Jim helped fund Children's Trust Foundation in the early days by creating Chicken and Egg Productions, a furniture manufacturing company, and used its profits to fund three nonprofit organizations—Long Live the Kings, the Children's Trust Foundation, and Communities in Schools. Children's Trust Foundation has long benefited from Jim

awareness on the issues of prevention. The success of the next 25 years will, in a large part, certainly be thanks to Jim and Kathy.

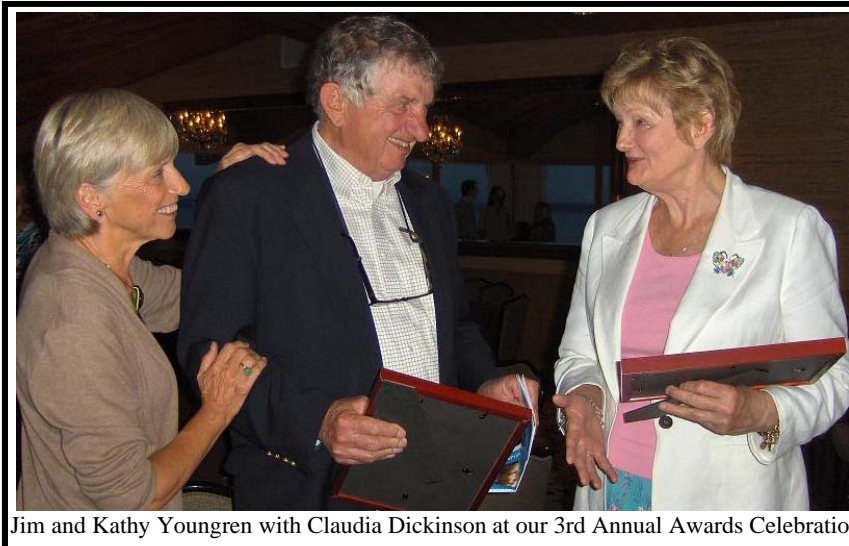
This year, three women are standing tall in the face of budget cuts and increasing pressure on behalf of the children and families of Washington. **State Representative Ruth Kagi, State Senator Debbie Ragala, and Mary Ann Murphy** were key to the preservation of the

the Council would remain a vital voice in Washington and on the national stage.



Representative Ruth Kagi

who have tirelessly worked to strengthen families by providing leadership, guidance, and resources to Washington families and Family Support Centers. We congratulate the following people who have helped make Washington a more supportive state for families and continue to advocate for child abuse and neglect prevention programs.



Jim and Kathy Youngren with Claudia Dickinson at our 3rd Annual Awards Celebration

Likewise, as Council Chair and the Executive Director of **Partners with Families & Children: Spokane**, Mary Ann Murphy, has been an effective champion and key leader for children and families on both sides of the mountains. She has also done remarkable work in Spokane on the *Our Kids: Our Business* child abuse and neglect prevention campaign, which has served as a model for other community-business partnerships.

From its inception, Children's Trust Foundation

and Kathy's wise counsel and support throughout the years.

Their steady support allowed us to implement our strategy for family support and abuse prevention and develop effective partnerships along the way. We are now better equipped to accomplish our three strategic goals: increasing funding and stability to Family Support Centers; advocate on behalf of families; and increase public

Council for Children & Families. As the first state agency in the nation dedicated to preventing child abuse and neglect, the Council was founded by Children's Trust Foundation's very own Janet Miller, Ray Heffer, Bonnie Riach, and Nancy Gode. They understood the importance of prevention for the health of Washington families and worked diligently to ensure that



Senator Debbie Ragala

DID YOU KNOW?
Children's Trust Foundation held our 1st Annual Forum on Family Support on June 18, where nearly 50 Family Support Centers were represented to share and learn from each other's best practices. Hats off to all!

YOU CAN MAKE A DIFFERENCE!

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HELP US GO GREEN BY SIGNING UP FOR OUR E-NEWSLETTER AT WWW.CHILDRENSTRUST.ORG

2009 GRANT RECIPIENTS

CLALLAM COUNTY

First Step Family Support Center,
Port Angeles - \$12,500
Nita Lynn, Executive Director

COWLITZ COUNTY

Parent's Place, Longview - \$7,000
Judy Bailey, Executive Director

ISLAND COUNTY

South Whidbey Family Resource Center,
Langley - \$9,000
Gail LaVassar, Executive Director

KING COUNTY

Angle Lake Family Resource Center,
SeaTac - \$10,000
Claudia Dickinson, Executive Director

Cascade People's Center, Seattle - \$11,500
Stephanie Green, Executive Director

Encompass, North Bend - \$6,500
Gregory Malcolm, Executive Director

New Holly Family Center, Seattle - \$9,000
Edith C. Elion, Executive Director

North Seattle Family Center
& Auburn Family Resource Center,
Seattle - \$11,000
Ann Fuller, Executive Director

RAYS West Hill Family Support Center,
Seattle - \$9,000
Richard Brooks, Executive Director

International Family Center, Seattle - \$13,000
Alaric Bien, Executive Director

KITSAP COUNTY

The Parenting Place, Bremerton - \$10,000
Connie Mueller, Executive Director



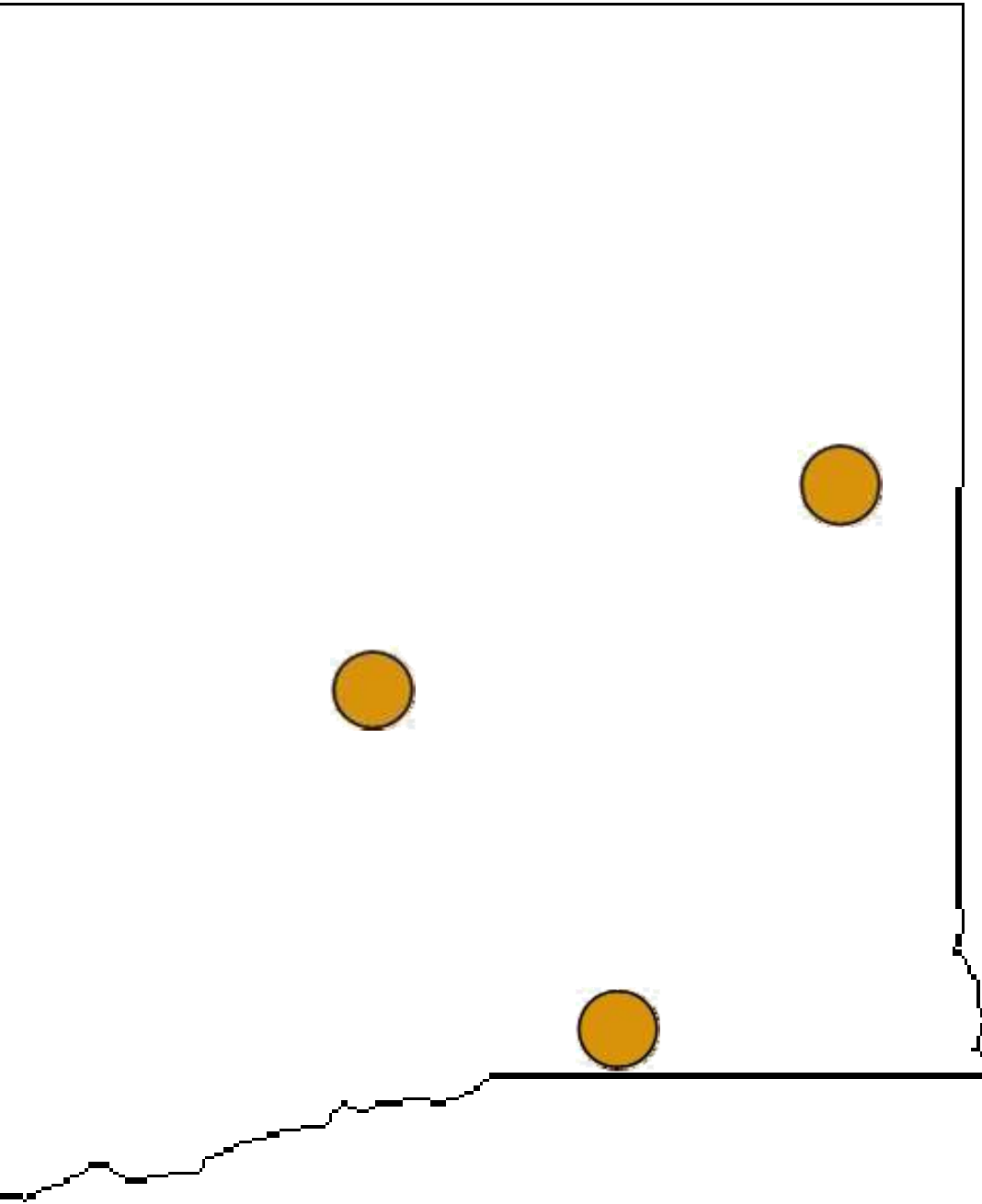
CHILDREN'S TRUST FOUNDATION GRANT REC

Battle Ground (2)	Cathlamet (3)	Federal Way	Lopez Island (2)
Bellingham (4)	Centralia	Lake Stevens (2)	Lynnwood (2)
Bothell	Darrington (6)	Langley	Maple Valley
Bremerton (6)	Everett (2)	Longview	North Bend (3)

* Numbers in parentheses indicate multiple

OUR MARK

PORT GRANTS REACH ACROSS WASHINGTON STATE



PIERCE COUNTY

Catholic Community Services, Tahoma Family Center, Tacoma - \$9,000
Denny Hunthausen, Executive Director

White River Family Center & Puyallup Family Center, Puyallup - \$9,000
Sandy Ellingboe, Executive Director

Bethel Family Center, Spanaway - \$7,000
Patricia Bunnell, Executive Director

SAN JUAN COUNTY

Lopez Island Family Resource Center, Lopez Island - \$6,500
Celia Marquis, Executive Director

SPOKANE COUNTY

Childbirth & Parenting Alone Program (CAPA), Spokane - \$10,000
Libby Hein, Executive Director

SNOHOMISH COUNTY

Darrington Family Support & Resource Center, Darrington - \$11,000
Wyonne Perrault, Executive Director

Family Support Center of South Snohomish County; Lake Stevens Family Center; & Familias Unidas - \$9,000
Winnie Corral & Tim Gahm, Executive Directors

THURSTON COUNTY

Family Support Center of South Sound, Olympia - \$9,000
Schelli Slaughter, Executive Director

WAHKIAKUM COUNTY

St. James Family Center, Cathlamet - \$10,000
Beth Hansen, Executive Director

WHATCOM COUNTY

Brigid Collins Family Support Center, Bellingham - \$7,000
Byron G. Manering, Executive Director

AP 1997 TO PRESENT—IN A CITY NEAR YOU

Nooksack (2)	Renton (3)	Shoreline	Vancouver
Olympia (4)	San Juan Island	Spanaway (2)	Vaughn
Port Angeles (7)	SeaTac (2)	Spokane (4)	Walla Walla
Puyallup (2)	Seattle (23)	Tacoma (5)	White River

grants awarded to a single city over the years.

Strengthening Families

April 23, 2009. Children's Trust Foundation hosted the Council for Children & Families' meeting for Strengthening Families Washington in Seattle on April 23 and became a part of the national conversation about effective child abuse and neglect prevention programs. At this meeting, the Center for the Study of Social Policy (CSSP) presented its Protective Factor framework to a diverse

group of leaders. Attendees included pioneers of the early learning and family support communities like Maxine Hayes from the Department of Health, Pat Wells from Seattle Human Services, both Poppy Hansen and Yaffa Martiz from the Council on Children & Families Advisory Council, and others.

As developed by the CSSP, the Protective Factors provide an overriding

framework to guide multiple family service delivery systems—including mental health, public health, early education, and family support.

The work is exciting and Children's Trust Foundation is thrilled to be a part of the Strengthening Families Washington Steering Committee. The conversation is a national one that Children's Trust Foundation is eager to share with you this

DID YOU KNOW?
Family Support Centers respond to the unique needs of the communities they serve and work alongside families as partners to create communication, strong families, and successful children.

year as we forge strong partnerships across Washington.

In the Words of One Family

Heather Burrell had always had patience to spare with her young daughter, but unforeseen tragedy has a way of changing things. The sudden death of her husband left this mother reeling with grief and the stress of single parenthood in a city where she had no close family and few friends.

"I started really losing my patience with her and I didn't like it," Heather says as she plays with Ivy, age 2½. "There were times when I just didn't know what to do."

Heather began a search for help that eventually led her to **FamilyWorks**, a family resource center and food bank in Seattle's Wallingford neighborhood.

There, Heather found a warm and welcoming staff, a parent-child playgroup

DID YOU KNOW?
You can easily donate directly to Washington families like Heather's on our website.



Please give today.

they both enjoyed, practical parenting-skills classes, and family activities were all at her disposal—for free.

For her, the six-week course for parents of toddlers transformed her parental stamina. With a little bit of help, Heather found herself able to react to her daughter's sometimes challenging behavior with a deepened perspective and a renewed sense of parental resilience.

"After my husband died, I found myself needing control in my life, and I was trying to control her," Heather says. "She would get upset and cry, and I would feel like a bad parent. Now I have more patience because I feel I understand her better."

Heather and Ivy are among the more than 10,000 family members who find support each year at Seattle's eight family centers (there are about 70 statewide). Each center is a little different, reflecting the unique needs of the neighborhood it serves. All are based on the same set of principles, though, among which are respect and understanding for all families and cultures.

At FamilyWorks, parents and caregivers have access to a wide array of programs and support including:

a food bank; family activities; parenting and life skills classes; a teen parent program; after-school tutoring center; and language/culture-specific playgroups in Spanish, Japanese, and Arabic.

"Families get stronger when parents are connected to other parents and have information on child development and adequate resources for themselves and their children," says FamilyWorks Director Jake Weber. "We reduce stress and isolation while helping parents and children bond and feel part of a larger community."

That was certainly true for Heather. "This center is amazing," she says. "It has so many resources, and the staff is so helpful. It really saved my life."



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HELP US GO GREEN BY SIGNING UP FOR OUR E-NEWSLETTER AT WWW.CHILDRENSTRUST.ORG

Parenting Lecture Series

THANKS, LADIES!

May 27, 2009. On the corner of Boston and Queen Anne Avenue North, more than 50 women joined us at our first Parenting Series event—a Mom's Night Out at **Opal Bistro** in Seattle. There, we listened to author Emma Gilbey Keller share stories from her book [The Comeback](#), learned from local businesswoman

Jenny Pell, and advised one another about the practicalities and possibilities of balancing work with family and finding ways to make a “comeback” after taking time to raise young children. We enjoyed a lively conversation, shared practical tips, and together raised more than \$1,600 for Children's Trust Foundation.

THE GOOD LIFE

Fall 2009. Children's Trust Foundation wants you to enjoy a good life and will partner with **Kim Ricketts Book Events** and **The Warren Report** this Fall for The Good Life: Books for Better Living Series, interactive conversations with authors on tools for creating “the good life.” Join us at Tom Douglas' Palace Ballroom to savor

DID YOU KNOW?
20% of our grantees from 1997-2009 have catered especially to Spanish-speaking families.

savor appetizers, chocolates, and equally satisfying onstage interviews with featured authors, led by the mastermind behind The Warren Report, Warren Etheredge. For more information, read below and sign up for our eNewsletter at www.childrenstrust.org.

Foodies Help Families!

May 15 – 17, 2009. For three days in May, Children's Trust Foundation joined **Foodista.com** and nearly 100 food bloggers from around the globe at the International Food Blogger's Conference. We met, mingled, and munched. Foodista.com graciously dedicated a portion of their ticket sales to Children's Trust Foundation. We are extremely grateful for the warm welcome from the bloggers and their interest in our mission to prevent child abuse and neglect. Thank you, Foodista.com and attendees of the International Food Blogger's Conference!

June 23, 2009. Friends gathered at a **Gordon Biersch** Tapping Party to sample new seasonal beer, “SommerBrau,” and to be a part of the fun that donated 5% of event proceeds to Children's Trust Foundation. Thank you, Gordon Biersch!

June 25, 2009. Children's Trust Foundation played host for Happy hour at **Il Fornaio Restaurant** in Seattle's **Pacific Place Mall**. Il Fornaio, Seattle Magazine's 2006 Reader's Choice for “Best Italian,” generously donated delectable appetizers and drinks in the name of family support and child abuse and neglect prevention. Thank you!

Want to join in on the fun? Stay tuned for more unique food experiences, opportunities to meet authors, and chances to support Washington families. We are already off to a great start! We hope you will join us at our upcoming events:

September 2009 *Food, Wine, & VIP Shopping at Pacific Place Mall*

Come and support Children's Trust Foundation during Pacific Place's VIP shopping week and enjoy a special food and wine event, cooking demonstrations at **Williams-Sonoma**, and a friendly chef cook-off.

September-December 2009

Monthly Happy Hour Salons

Meet people with a passion for food and community at these Happy Hours across Seattle.

October 10, 2009 *Winemakers Evening & Silent Auction*

Join us at Pacific Place Mall after hours for a candle-lit, exclusive evening with top wine makers and help us raise money for 2010 grants. We invite you to enjoy fine wine pairings and a gourmet silent auction where you will learn more about wine, find special items for holiday gifting, and enjoy a night on the town.

Fall 2009 *Children's Trust Foundation Alumni Reunion*

Are you a Children's Trust Foundation alum? Join your long-time friends and learn about how your hard work on behalf of Children's Trust Foundation has paid off.

Fall 2009 *The Good Life: Books for Better Living Series*

Our Parenting Lecture Series continues with these evenings spent exploring how to create

“the good life.” Come savor the appetizers of the Palace Ballroom, samples of Theo Chocolates, and onstage interviews with authors of these featured titles:

September 17, 2009
[Nurtureshock: New Thinking About Children](#) by Po Bronson

September 29, 2009
[AdaptAbility: How to Survive Change You Didn't Ask For](#) by M.J. Ryan

October 13, 2009
[Rowing the Atlantic: Lessons Learned on the Open Ocean](#) by Roz Savage

October 27, 2009
[Honeybee: Lessons From an Accidental Beekeeper](#) by C. Marina Marchese

Spring 2010
Stay tuned for more chances to support Washington families!

Please write to us at info@childrenstrust.org to become a volunteer, join a committee, and find other ways to get involved. Learn more about our events—sign up for our eNewsletter on our website at www.childrenstrust.org.

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UPCOMING EVENTS

KEEP IN THE LOOP! CHECK OUR WEBSITE EVENT PAGE, AS WELL AS OUR TWITTER, FACEBOOK, AND MEETUP.COM PAGES FOR FREQUENT UPDATES ON UPCOMING EVENTS.



August 1-3, 2009

Courage Classic Bicycle Tour

Help us raise money for 2010 grants during this fun adventure weekend.

September 2009

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Kim Ricketts Book Events and The Warren Report present a series of interactive conversations with authors that pen their pursuit of "the good life." Don't miss these featured titles:

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September 29, 2009

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by M.J. Ryan

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VOLUNTEERS, WE NEED YOU! WRITE US AT [INFO@CHILDRENSTRUST.ORG](mailto:info@childrenstrust.org) TO FIND OUT WHAT YOU CAN CONTRIBUTE TO THESE EVENTS.



"Children are the world's most valuable resource and its best hope for the future."
John F. Kennedy

DID YOU KNOW?

Any time you navigate to Amazon.com through our website and make a purchase, part of the revenue is given back to Children's Trust Foundation!

Look for this search box on our homepage to start your shopping:



Children's Trust
FOUNDATION

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AND NEGLLECT FOR 25 YEARS**