

WINGS NEWS FROM CHILDREN'S TRUST FOUNDATION
DEDICATED TO PREVENTING CHILD ABUSE & NEGLECT FOR 25 YEARS

FALL 2009

"There are two lasting things we can give our children—one is roots and the other is **wings**."

Hodding Carter

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Winnie Corral
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COMMUNICATIONS & MARKETING

Francesca Kubo

THE POWER TO MAKE A DIFFERENCE

• by Tracy Sarich, *Executive Director*

Over 25 years ago, one woman made a difference. **Janet Miller** saw the effects of child abuse and neglect, understood the inadequacies of a child protection system that could only act *after* abuse occurred, and decided to do something about it. She, **Bonnie Riach**, and several others lobbied to create the Children's Trust Fund of Washington and Council for Children & Families, and later formed Children's Trust Foundation to fund child abuse and neglect programs in Washington in order to help families **before child abuse and neglect ever occurred**. Little did they know that 25 years later their work would endure and inspire others to support thousands of Washington families through Children's Trust Foundation.



Tracy Sarich

Today, you can join hundreds of others to **stop child abuse before it ever starts** by giving to our **Power to Make a Difference Campaign**, which dedicates 100% of all gifts to programs that transform families through education about essential parenting skills, child development, and positive ways to cope with daily challenges. National research proves that infant brain development depends upon the parent-child nurturing process and shows that abuse and neglect are less likely to occur when families are embraced by support systems.

Unfortunately, children don't come with instruction books. Parenting is a skill, learned from our parents and modeled by other family members and peers. Skillful parenting requires knowledge, support, and

sometimes instruction. As author M.J. Ryan told the audience at one of our recent **Good Life book events**, "it is not a matter of *whether* one needs support but a matter of *when* and *how much*" one needs at a given moment. Children's Trust Foundation grants provide needed support to parents of all types across Washington and make a real difference to real families—just as Janet Miller did those many years ago.

Now you can help a Washington family become stronger and prevent child abuse and neglect by supporting Children's Trust Foundation's **Power to Make a Difference Campaign**. We believe that every dollar you give is precious and have worked hard to be efficient and effective. When you give to Children's Trust Foundation between now and the end of the year—100% of your gift will go to Children's Trust Foundation grants that will help empower moms, dads, grandparents, and other caregivers to raise children who are healthy, happy, and ready for good lives. I invite you to join me and the many donors contributing to our **Power to Make a Difference Campaign** that touches thousands of families and children, who—like you—want their family to thrive.

I hope you will enjoy this issue of *WINGS* as we celebrate 25 years of dedication to the prevention of child abuse and neglect and come to feel, as we do, that **you can make a difference today**.

OUR COMMUNITY & THE PEOPLE WHO MAKE IT HAPPEN

MEET OUR 2009 BOARD OF DIRECTORS

• *by Francesca Kubo*

Founded in 1984, Children's Trust Foundation works to expand child abuse and neglect prevention resources across Washington. Our **2009 Board of Directors** join countless volunteers who have worked throughout our 25-year history by adding their wide-ranging professional and personal strengths and working together to further our innovative programs and grants. Here is a little about who they are—we hope their energy will inspire you to get more involved.

In the Spotlight

Donna Leggate-Hoffmann channels her marketing expertise into our team to create change. As a member of the Filipino-American community, **Evangeline Café** contributes her appreciation and awareness of the necessity to listen to the needs of Washington's diverse populations and harnesses her knack for media outlets to raise public awareness about our mission.

Jasbinder Dhoot adds expertise as both a therapist for families in crisis and an attorney representing abused and neglected children. **Winnie Corral** is a portal into the world of Family Support, as Program Manager to **Familias Unidas** and **South Everett Neighborhood Center**, providing the board with an intimate understanding of the daily work of Family Support.

A PRESIDENT'S PERSPECTIVE • *by Cam Strong, Board President*

In this challenging year, we have decided to embrace hope and strongly stand by Washington families. For ten years, we have provided support to families through Family Support Centers thanks to the leadership of the donors, board members, and volunteers that have come before us. In 2009, we funded more programs than before to reach families throughout Washington because we knew that the challenges of our economy would put *additional* stress on families who already needed support.

Please join us in this journey as we work to fund programs throughout Washington that make a substantial difference in the lives of real people.

Why Children's Trust Foundation?

For **Todd Larson**, a finance professor and professional, the financial metrics of Children's Trust Foundation spoke volumes to him. "I was inspired and truly impressed to see how much of every dollar went to funding programs," he says. **Jonathan Wender's** eighteen years of police work and his experience of witnessing so many children in crisis drew him towards joining our cause.

As attorney **Tara Parker** puts it, "Becoming a parent has made it abundantly clear to me that raising children is very challenging under even the best of circumstances. Our community depends upon all of us reaching out with support so all parents can be the kinds of parents they want to be."

A clear need to increase prevention programs has drawn each of us to this mission. **Theresa Kastner** found plenty of reasons to serve after "reviewing national studies about preventing child abuse and seeing opportunities for improvements that could be made at the state level." For **Birte Falconer**, "basing [abuse and neglect] interventions on strengthening and supporting families makes so much sense."

What can you do? Share the news about Children's Trust Foundation with your friends. Sign up for our eNewsletter to help save money and fund more programs. **And, most importantly, GIVE!**

Our Power to Make a Difference Campaign will devote 100% of every dollar you donate to programs that support Washington families. **Please join us.**



Cam Strong

Board, staff, and volunteers alike give much to the organization and the families we serve but also to each other. **Rob Kosin** remains "inspired by the time and energy invested by other board members and the strong sense of community we have." **Luc Hoffmann** has been energized from the beginning by Executive Director **Tracy Sarich**, remarking that "Tracy is contagious when she believes in something." The strong sense of purpose and community surrounding this work is highlighted by the many former board members and volunteers who continue to help, year after year—like **Rochelle Youngren**, who returns to our board 18 years after her first term.

The Power to Make a Difference

Barbara Boster-Phillips clings to the hope of increasing exposure, engaging interest, and generating creative ideas to elevate awareness of Family Support across the state. **Elliott Westerman** agrees and adds, "People don't look at child abuse in this way [through the lense of prevention]. We need to work on that." Board of Directors Vice President, **Rob Kosin**, sums it up: "Our reason for being here is making our prevention grants. Our goal is to figure out how to do that."

PAST PRESIDENTS

Gloria Averill
Richard Brandenburg
Sibby DeForest
Jamie Frits
Lynn Hogan
Hon. Barbara Mack
Pamela McCabe
Del Miller
Janet Miller
Louise Parker
Poo Penrose
Carole Spangler

HISTORY OF STRONG EXECUTIVE DIRECTORS

Emory Bundy
Anne S. Blair
Mary Ellen O'Keefe
Roseann Martinez
Carolyn McKenna
Tara James
Tracy Sarich, J.D.

OUR COMMUNITY & THE PEOPLE WHO MAKE IT HAPPEN

A LOOK BACK: NORTH SEATTLE FAMILY CENTER

When Washington State Representative Ruth Kagi was a Children's Trust Foundation board member, she interviewed North Seattle Family Center's Program Coordinator, Mary Bristow, for the Spring 1993 edition of WINGS. Their conversation highlights the importance of Family Support Centers and the reason for our 25 years of commitment to providing parents with educational resources and much needed social support. Here is their story:

Why do you think families come to the Family Support Center?

Support groups are appealing to families, especially parents who are just beginning and experiencing all the new things that come with parenting. It's new, exciting, stressful, and challenging. Others are attracted by parenting classes to help focus on a particularly challenging area of parenting.

I think about one particular woman who came in initially through the Woman, Infants, and Children program to get vouchers and found out what was going on here and signed up for several classes.

After the positive discipline class, she shared, "When I came to take this class, my family was feeling out of control. As a result of this class, I'm feeling more in control and like things are heading in a positive direction."

For a lot of folks who come and take a class, or who spend any amount of time here, even if it's just coming once a week for parent-activity time, it's a start at making connections with other people. That's what we want to be doing.

What activities do parents value most?

I think the classes that have been most helpful or allow the most change are the five-week class on positive discipline and the eight-week class on developing as capable people. Relationships form within those classes and people are able to come back and talk about what they learned from the week before or what insight they have into their own relationships and how that affected the change in their behavior.

With many of our activities, we're reaching a diversity of families. A mix is definitely there—a mix of income, of

situations. There is something nice about having that mix together, not just something that's geared only toward a certain group of people.

Why do you think Family Support is important?

All families need support, which can be as simple as connecting with another person who has a child similar in age to talk to, call on the phone, or meet with at the Family Center once a week. Family Support really is a whole continuum of support—everything from assistance with basic needs, to parent training, to enrichment classes, to support groups, and to being able to talk about how parenting isn't what you thought it was going to be.

Everybody is part of a family, even people who do not have kids. You grew up in a family and you know what being in a family is all about. There is a place for you here—there is a place that you can be involved. Family Support is all inclusive and recognizes that we all need support.

AN EVER PRESENT NEED: FAMILY SUPPORT CENTERS

Today, Sue Siegenthaler, Program Manager at Seattle's NewHolly Youth & Family Center sat down with Francesca Kubo to address the same essential questions.

Why do you think families come to the Family Support Center?

Families come to us with a specific need—be it a job application, paperwork, community connections, parenting classes, ESL classes, tutoring kids, etc. We find that these needs change once families understand what we offer. As they get to



Sue Siegenthaler

know staff, they become comfortable and feel like they can ask anything of us.

What activities do parents value most?

The relationship between providers and participants are most valuable—even more than our activities. We have so many families looking to build bridges within their community. We help them connect with neighbors, teachers, and other critical relationships. For example, we have support group activities so that families can work and talk together. Parents value

programs that offer their kids information and support that they sometimes may not be able to provide, like college campus visits and extra help connecting with people at their child's school.

Why do you think Family Support is important?

Much of our society these days treats young people as if they were separate from their parents. The child is seen as an individual. Family Support is necessary because there are so many cultural forces pulling their child away. The family is a system! Family Support treats the family unit as something worth honoring and nurturing.

THEN & NOW

FUN TIMES THROUGHOUT THE YEARS

FYLING HIGH FOR KIDS • by Francesca Kubo

DID YOU KNOW?

You can read all of our past *WINGS* issues in our **Publications Archive**. Visit www.childrenstrust.org/publications.html today!

April 1989 marked the first of many Children's Trust Foundation **Flying High for Kids** auctions. Co-chaired by **Sibby DeForest**, one of our treasured Past Presidents, and **Rochelle Youngren**, a current board member, the event brought together local celebrities, personalities, and community leaders to both model and bid on generously donated items. "It was

a lot of work," recalls Rochelle Youngren, "but exciting!" The work was worth the effort—netting \$27,000 in its first year and growing each year after. In **1990**, the audience included Governor Booth and Mayor Norman B. Rice, and the auction continued as one of the longest-standing fundraising initiatives in Children's Trust Foundation's history. This event was followed

by other auctions sponsored by the University of Washington's **Kappa Delta** sorority, whose efforts provided vital support to our grants program.

Today, the Children's Trust Foundation board is planning new opportunities to support Washington families. If you would like to join the fun, contact us at info@childrenstrust.org.

FAMILY CENTER FUN & SUPPORT: LITTLE BEBOP'S PLAYGROUP • by Francesca Kubo



In **2005**, the **Family Support Center of South Snohomish County** launched the **Little Bebop's Playgroup** with a Children's Trust Foundation grant in order to serve the multiethnic, low-income families living at Lynnwood's Whispering Pines apartment complex. From the beginning, Little Bebop's reached out to Islamic families, providing a free playgroup for children and a sewing and fellowship circle for mothers. This was not just any sewing circle, though—the program provided information to strengthen their families and help them become better parents, connected them to resources, and created a warm, welcoming environment for Muslim mothers to sew *hijabs*, traditional Islamic garbs, which were otherwise difficult to find in Snohomish County. This innovative, culturally-sensitive program is only one example of the ways in which Children's Trust Foundation grants meet families where they live, provide safe settings to connect and learn about how to strengthen their families, and promote the Protective Factors that national research has shown to reduce child abuse and neglect and encourage the optimal environment for children to flourish.

PEDALING FOR PREVENTION • by Francesca Kubo



Board member, friends, and University of Washington's **Phi Kappa Psi** fraternity volunteering at Courage Classic

August 1-3, 2009. The **Courage Classic Bicycle Tour** united over 700 cyclists for a three-day, 174-mile ride through Snoqualmie, Blewett, and Stevens Passes to benefit child abuse prevention programs at **MultiCare's Mary Bridge Children's Hospital** and Children's Trust Foundation. The 2009 bike tour marked our 16th consecutive year participating in this event.

Board members, volunteers, and Family Support Professionals volunteered again this year to aid our fundraising tradition. Eight fearless board members, nine volunteers from the University of Washington's **Phi Kappa Psi** chapter, and our friends from the **Darrington Family Support and Resource Center** braved the early morning hour and blistering heat to help out. We thank them all for contributing to this fun weekend.



DID YOU KNOW?

Children's Trust Foundation has participated in the **Courage Classic Bicycle Tour** for 16 consecutive years to raise money for our grants. Volunteers and riders from our ranks have included Past President **Sibby DeForest**, **Rep. Ruth Kagi**, and a host of others. If you would like to be part of this summer tradition—contact us at info@childrenstrust.org and join the ride!

FUN TIMES THROUGHOUT THE YEARS

25TH
ANNIVERSARY
REPORT

2009-2010 ADVANCEMENT COMMITTEE • by Barbara Boster-Phillips, Advancement Chair

Nurturing relationships with our donors and partners is the most important part of the Advancement Committee's work. Fundraising is vital to our dedication to sustaining Family Support work through our grants, and we work hard to plan events throughout the year. But, our most important work is building relationships with the community, donors, partners, and new people. In this special year, we welcome many new, energetic people who invigorate our work. At a time when many nonprofit organizations are in crisis, our renewed energy, fresh ideas, and hard work is ensuring that we *can* make a difference despite the increased needs of families across Washington. I am proud to be the chair of this committee—and look forward to meeting more people who are dedicated to Washington families at our upcoming fundraising and outreach events.

ADVANCEMENT COMMITTEE

Barbara Boster-Phillips
Evangeline Café
Rachael Heade
Donna Leggate-Hoffmann
Paul Nickels
Amy Sparks
Cass Vaivades
Rochelle Youngren



Chefs & kids united to raise awareness!
The **Thai Ginger** teammates were the proud winners of the cook-off.

ALL FOR FALL GOURMET TASTE-OFF

September 17, 2009. Pacific Place Mall united chefs from **Gordon Biersch**, **Il Fornaio**, **Mexico**, **Pike Place Chowder**, and **Thai Ginger** to compete in a friendly cook-off and raise awareness of our work. Kids from **Darrington Family Support and Resource Center** volunteered as assistant chefs and joined celebrity chef judges like Kathy Casey of Dish D'Lish, Barnaby Dorfman of **Foodista.com**, and Robin Leventhal, Executive Chef of Crave. Visit our website for more event photos!



A culinary duo in the heat of the competition

CENTERS CELEBRATE SAFETY

August 4, 2009. South Everett Neighborhood Center and Familias Unidas hosted a **Night Out Against Crime**. Children's Trust Foundation board members **Winnie Corral** and **Luc Hoffman** joined families from the South Everett community to learn about neighborhood and Internet safety, meet with local firefighters and police officers, and more. The lessons were catered to the community's multiethnic needs (offered in English, Russian, and Spanish!) and made fun with activities like tie-dye (right) and a "Passport to Safety" treasure hunt (above).



BUILDING "THE GOOD LIFE" ONE BOOK AT A TIME

October 13, 2009. Children's Trust Foundation partnered with **Kim Ricketts Book Events** and **The Warren Report** to kick off a series of interactive conversations with current authors on a variety of subjects to help us all lead a good life! These events have included an evening with Po Bronson about his important parenting book, *Nurtureshock: New Thinking About Children*; a conversation with author M.J. Ryan about making successful life changes, prompted by her new book, *AdaptAbility: How to Survive Change You Didn't Ask For*; an interview with Roz Savage, recounting the life-changing adventure she penned in *Rowing the Atlantic: Lessons Learned on the Open Ocean*; and a night recounting C. Marina Marchese's discovery of the tranquil and meaningful life of beekeeping through her book, *Honeybee: Lessons Learned from an Accidental Beekeeper*.

We encourage you to join us for our next Good Life conversation listed below and to visit our website for other upcoming events.

November 12, 2009

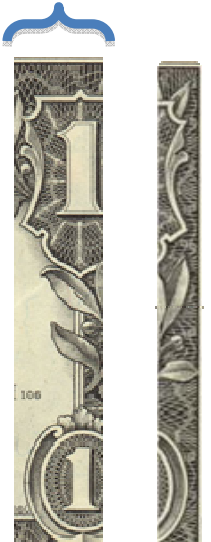
Born to be Good: The Science of a Meaningful Life by Dacher Keltner
A thoughtful study of the positive emotions, like gratitude, that have endured within human beings throughout evolution, despite the hardships that accompany life and survival.

ANNUAL REPORT: MAKING EVERY PENNY COUNT

**WE STRETCHED EVERY DOLLAR
IN 2008**



Admin - \$0.05
\$13,785.29 (5%)

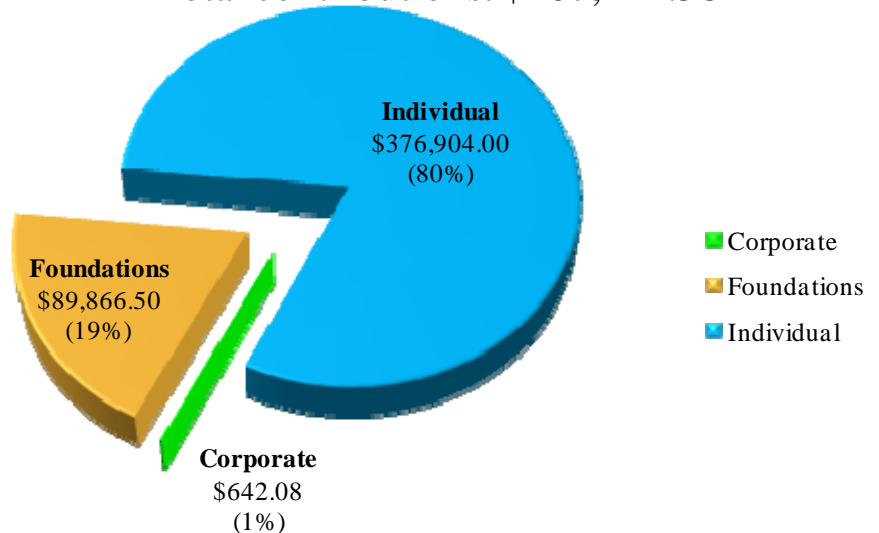


Programs - \$0.91
\$253,732.00 (91.4%)

Fundraising - \$0.04
\$10,000.93 (3.6%)

INCOME 2008

Total contributions: \$467,412.58



“I was inspired and truly impressed to see how much of every dollar went to funding programs,” says **Todd Larson**, board and Finance Committee member.

ANNUAL REPORT: MAKING EVERY PENNY COUNT

25TH
ANNIVERSARY
REPORT

2008 ANNUAL REPORT

Welcome to our family.

Our family is not just one parent, grandparent, or neighbor who cares for a child.

Our family is a network of caring parents and grandparents, relatives and neighbors, who care for, love, and encourage thousands of children throughout Washington.

Our family includes people who attend parenting classes in order to learn how to become better advocates, guides, and parents to the children in their lives.

Our family includes volunteers who work year-round to help raise money to sustain parenting programs so that families have access to the support and education they seek to help them become the great parents they want to be.

Our family includes hundreds of children who will grow to be healthy and strong because their caretakers can find the resources they need.

Our family includes donors like you, who provide vital funds to preserve those programs.

In 2008, we made sure that every dollar donated to prevent child abuse and neglect was put to its highest use.

We proudly report that **91¢ of every \$1 spent in 2008 went directly to programs** that served more than **2,000 parents and children** who came from more than 30 cultures and language groups. *They* are our family.

Today, families face mounting economic uncertainties that can raise family stress to dangerous levels.

For 25 years, Children's Trust Foundation has focused on **one goal—to prevent child abuse and neglect before it starts.**

Our family is sustained by individuals, foundations, and corporations who share our goal to prevent child abuse and neglect.

That's what families do. We stand together in times of need. Together, we stood alongside families across Washington in 2008, thanks to the support of our donors.

Thank you to all who gave gifts of time and money in 2008. Thank you for becoming part of our family. Thank you for making Children's Trust Foundation a part of yours.

Sincerely,
Tracy Sarich, Executive Director

2009 HIGHLIGHTS • by Francesca Kubo

So far, 2009 has been a year of incredible milestones. And it's not over yet!

At the beginning of the year, a \$1.4 million state budget cut threatened prevention programs this year. We reacted by expanding our Board of Directors and stimulating growth in our grant cycle. Our April campaign dedicated 100% of all gifts to Family Support grants. We funded \$206,000 in grants to support Washington children and families and surpassed our **\$1 million dollar mark** of total grant giving.

This funding invested in 25 programs provide support groups, child development, and parent-child activities, and model positive parenting to more than 3,200 parents and children in 12 counties.

The diverse groups of families who benefit from our grants include those who belong to the military; care for special-needs children; live in urban and rural communities; and are native speakers of Spanish, Mandarin, Arabic, Russian, Ukrainian, Vietnamese, and many other languages. Among these populations we help, we have paid special attention to the growing need of **Washington's multicultural communities**. For example, nearly 50% of our grants support programs serving Latino families and we are pursuing partnerships with Latino business and community leaders to better aid this community.

Children's Trust Foundation's 2009 efforts propelled unprecedented results for a single year and we are excited to continue

the committed giving begun this spring. Our **Power to Make a Difference** fall campaign will devote **100% of all gifts to grants**. Now, **when you give a dollar, a dollar goes straight to Washington families.**

We dedicate 2009 to complementing and uplifting the valuable work of community partners throughout the state with our grant making. Please join us as we unite with Washington families and communities to build strong families and healthy, successful children! Join our **Power to Make a Difference Campaign** today to help us raise \$225,000 for Washington families!

THANK YOU TO OUR 2009 PARTNERS & SPONSORS!

Blue Highway Games
Bouncing Wall Boutique & Gallery
Diamond Nails
Edgewater Hotel
Foodista.com
Gordon Biersch Brewery
Greenlake Moms
Hilltop Yarns

Il Fornaio Restaurant
Inn at the Market
Julia's Restaurants
Kappa Delta Sigma Iota
Kim Ricketts Book Events
Mexico Restaurant
MomsLikeMe.com
Mac Ace, Inc.

MultiCare
Opal Bistro
Pacific Northwest Theater Assoc.
Pacific Place Mall
Phi Kappa Psi
Pike Place Chowder
Queen Anne Frame
Queen Anne Mail & Dispatch

Seattle's Child Magazine
Starbucks
Thai Ginger
The Teacup
The Warren Report
Video Isle
Woodland Park Zoo
Yuen Lui Studio

THEN & NOW

MAKING AN IMPACT: POLICY & ADVOCACY

GIVING CHILDREN A VOICE

Children's Trust Foundation believes in policies that strengthen families and children, here are a couple of highlights of our policy and advocacy initiatives throughout the years:

1990

In 1990, Children's Trust Foundation formed an aggressive campaign to fight the threat of Fetal Alcohol Syndrome in Washington. Our **FAS Advisory Committee** heightened the visibility of this issue by hanging posters (below, right) in liquor stores and public schools throughout the state. Read below for a historical *WINGS* excerpt about the acclaim this campaign received.

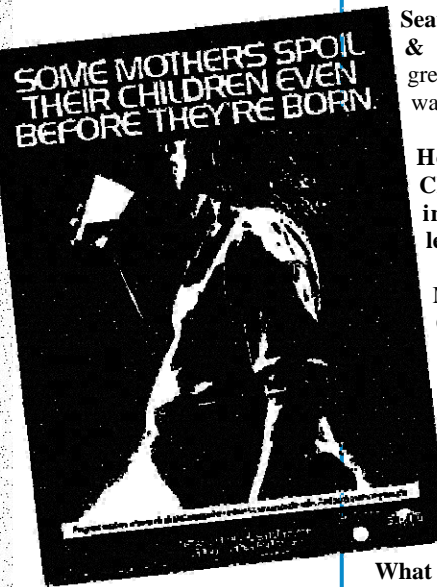
National expert values Trust

Nationally recognized Fetal Alcohol Syndrome expert Ann Streissguth recently wrote Children's Trust, applauding the efforts of our FAS Advisory Committee chaired by Dr. Sterling Clarren:

"...The most important contribution of the [Committee] has been in holding a diverse group of people, all interested in FAS, together over a several year period. The ideas that have been generated, the seeds that have been sown, the relationships that have been begun -- how could you ever measure these?"

As I look back over my past 18 years of working on preventing FAS and intervening on behalf of affected children, I now realize that what I missed in the past was a group like the Children's Trust Foundation. I strongly believe the Trust has been the catalyst that has succeeded in getting a critical mass of people talking about FAS, and when you get a group like that talking together on a regular basis, things happen."

Children's Trust initiated the Governor's Fetal Damage from Alcohol Task Force in 1988 and continues this work through sponsorship of the FAS Advisory Committee.



POLICY MAKERS ON OUR SIDE

State Representative Ruth Kagi sat down with Francesca Kubo to talk about her history as a Children's Trust Foundation board member, volunteer, and supporter.

Why did you join the Children's Trust Foundation board?

At the time, I was involved with the **Seattle Commission for Children & Youth**. The need for much greater focus on children education was present and very obvious to me.

How did your work with Children's Trust Foundation inform your work as a legislator?

Much of what I learned at Children's Trust Foundation I carried into my future legislative work. A lot of my legislative career has supported families and children, sponsoring an early learning bill and a home visiting program, to name two achievements.

What are some highlights from your time on the Children's Trust Foundation's team?

Exciting initiatives for me included establishing the **Hilltop Parent Support Center** in Tacoma with Janet Miller. This was a poor area with tremendous turnover with kids in schools. At the time it was a cutting-edge effort for school-based Family Support programs. Janet Miller was truly a leader on these issues. My time volunteer at the **Courage Classic Bicycle Tour** was also a highlight!

How do you see Children's Trust Foundation as an advocate for child abuse prevention?

I have a high regard for the work that the Children's Trust Foundation has done over the years, helping families on the grassroots level. Looking forward, I hope Children's Trust Foundation will find ways to work with the public sector. We all need to find ways to leverage each other's strengths.

1992

In 1992, Children's Trust Foundation partnered with the **Council for Children & Families** (formerly the Washington Council for Prevention of Child Abuse and Neglect) to champion a campaign to rid Washington of Shaken Baby Syndrome.



1995

In 1995, Children's Trust Foundation used the **Family-Friendly Index**, a self-assessment tool developed by the **Families and Work Institute** in New York, to advocate to local businesses about the statistical advantages to a healthy balance of work and family life.

MAKING AN IMPACT: POLICY & ADVOCACY

2009-2010 PUBLIC POLICY COMMITTEE

- by *Tara Parker, Committee Chair*

I am honored and excited to chair the new Policy Committee, which will focus on government actions that impact children and families throughout Washington. The committee continues Children's Trust Foundation's long-standing commitment to ensure that our elected officials support programs that strengthen families and prevent child abuse and neglect. In the immediate term, we are deeply concerned about how state and local budgetary cuts may harm children and families and hinder the work of Family Support Centers in their local communities. We will be working with various allies to keep our community informed and to fight against harmful legislation.

BLENDING LEGAL & SOCIAL SERVICES

Connecting families with needed support is vital to successful Family Support. Sadly, among the many needs facing families, legal support and guidance remains in scant supply.

Enter, **June Krumpotick** from **Legal Voice** (formerly Northwest Women's Law Center). For twenty years, June's efforts to build Legal Voice's Legal Information and Referral telephone line (I&R) and Self Help Program have uniquely blended social and legal services to provide resources to families who cannot afford legal services with the vital information they need to navigate the legal system and protect their families.

On the receiving end of the I&R line awaits a staff of volunteers



Legal Voice volunteers like **Sarah White** access a wealth of electronic resources during each call.

TAKING A STAND

VOTE NO INITIATIVE 1033

Children's Trust Foundation opposed **Initiative 1033** and actively encouraged voters to vote NO. Thank you for joining us in preventing Initiative 1033 from passing, which would have slowed economic recovery and harmed millions of children and families throughout Washington State.

Visit the **NO I-1033** website at www.no1033.com and learn more.

PUBLIC POLICY COMMITTEE

Jasbinder (Jazs) K. Dhoot, J.D.
Tara Parker, J.D.
Jonathan Wender, Ph.D

PUBLIC FUNDING AT RISK

Children's Trust Foundation opposes the plan to eliminate funds for human services from the King County general fund because of the devastating effect it will have on services to families.

We need you to contact King County Council Members, the King County Executive, and candidates running for election to emphasize the importance of this funding to the health of our community.

For more information, visit the **King County Alliance for Human Services** at <http://kingcountyalliance.com/> to learn more about who will be affected by this cut, the committee's recommendation, and a schedule of upcoming hearings.

- by *Francesca Kubo*

services (i.e., adding its Language Line interpreter service in 2008).

Family issues can encompass many legal issues—such as real estate, custody, debt, discrimination, etc.—so it is challenging to find a legal service that does it all. The I&R line is a resource that begins to address *all* of those issues, but “the problem is that people don't know what's available to them,” says June, and “70% of Family Law cases are represented without legal assistance.”

“If you think there should be a law addressing your need then there probably is one. Families don't realize how much the law can help them. Too many of our callers think that they don't have options,” says June. “When they call, we will give them five.”

Legal Voice wants to help callers make the legal decisions *they* want to make for their family by in giving “as much information as is asked for.” “Each family wants to be strong and trusting families is really important,” says June.



June Krumpotick

eager to offer callers up-to-date information about Washington law, referrals to community services and attorneys, problem-solving help, and a wealth of self help materials. The Self Help Committee responds to the legal issues raised by callers by adding relevant information to its ever-growing library of educational booklets, in order to provide resources for people throughout Washington. As callers' needs evolve, so do Legal Voice's

**THEN
&
NOW**

TOUCHING INDIVIDUAL LIVES: CHILDREN'S TRUST FOUNDATION PROGRAMS

A TREASURE UNCOVERED

The legacy of our key founder, **Janet Miller**, to the important field of Family Support includes research that has contributed to the academic field of Family Support. **Janet Miller Evaluation Services** published a wealth of studies and evaluations to educate and advocate on the possibility of child abuse prevention.

This work remains an invaluable resource for professionals that shaped the field of Family Support and inspires our work today. Here are a few examples of her important work:

Cascade Family Center Feasibility Study: Executive Study (1990)

Seeking the Balance Between Work and Family: A Study of 26 Puget Sound Area Companies and Agencies (1993)

Seattle's Family Support Centers at Year One: An Evaluation of Implementation and Participant Response (April 1993)

Changing Lives at Bryant School: The Bryant Family, School, and Community Project First Year Report (July 1993)

Inside the Doors of Seattle's Family Centers: Principles, Programs, and Participants in the Second Year (June 1994)

Seeking the Balance Between Work and Family: A Study of Washington's Largest Companies (1994-95 Survey)

Seattle's Family Centers: Three-Year Evaluation of Participant Use and Response (June 1995)

Communities Speak Out: Establishing Local Priorities for Supporting Families & Preventing Child Abuse (April 1995)

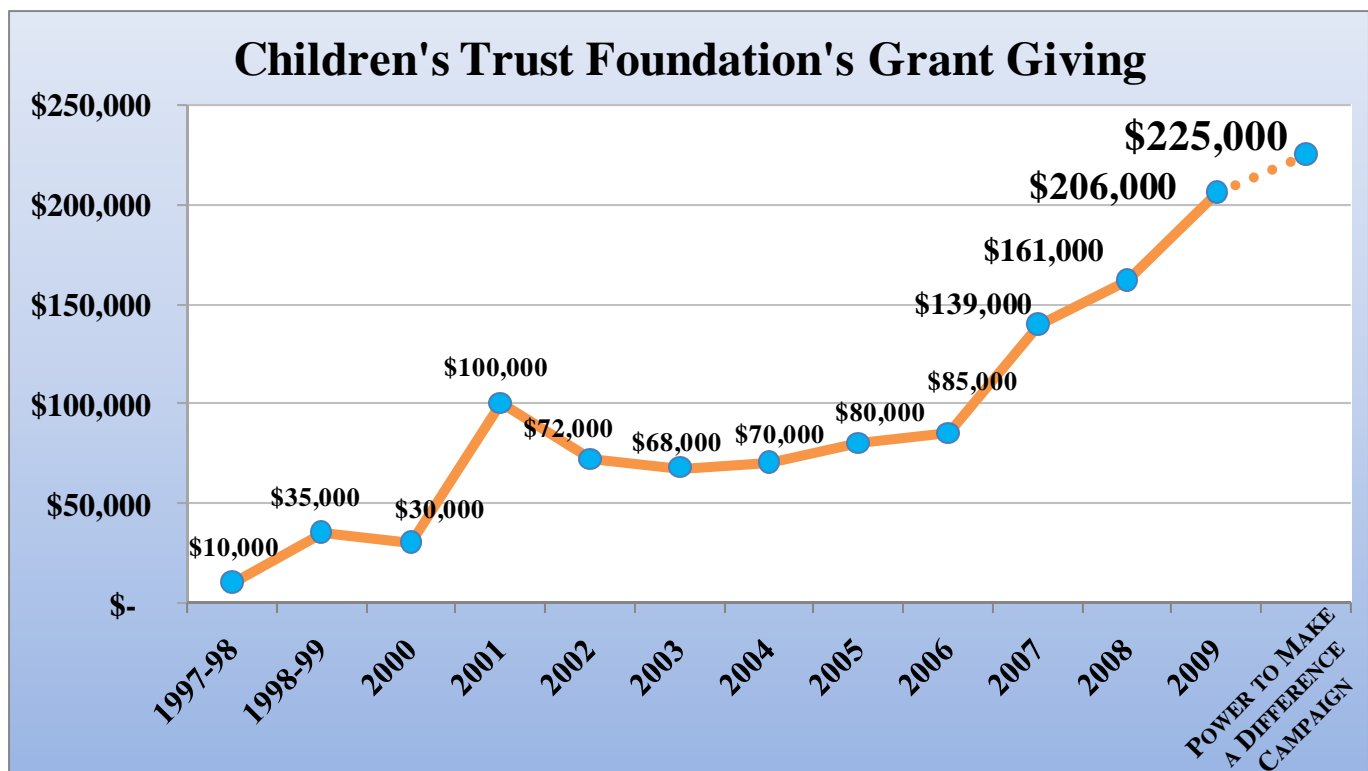
Seattle Family Centers: Analysis of Surveys and Interviews (December 1998)

Seattle Family Centers 1999: An Evaluation of Participant Response (January 2000)

City of Seattle Family Center Planning Project (September 2001)

Supporting and Strengthening Families in Seattle's Eight Family Centers: Evaluation of Participant Response and Center Operations (January 2001)

\$1 MILLION HISTORY



Help raise \$225,000 for Family Support Grants!
Join our **POWER TO MAKE A DIFFERENCE CAMPAIGN**—Make a Gift Today.

TOUCHING INDIVIDUAL LIVES: CHILDREN'S TRUST FOUNDATION PROGRAMS

SUPPORTING SPANISH-SPEAKING FAMILIES

In 2009, nearly 50% of our grants supported programs for Latino families. In 2010, we will be supporting Latino families in even greater numbers through partnerships with Latino business leaders and programs designed to train instructors for Spanish-speaking parenting classes. For 25 years, Children's Trust Foundation has been dedicated to culturally-sensitive programs that serve

families where they live. If you would like to support programs that serve Latino families across Washington, please write us at info@childrenstrust.org to learn more.

PROGRAM COMMITTEE

Barbara Boster-Phillips
Winnie Corral
Birte Falconer
Rachael Heade
Rob Kosin
Elliott Westerman
Nancy Whitaker

2009 PROGRAM COMMITTEE

- by *Birte Falconer, Committee Chair*

Our Program Committee focuses on our grants program—reviewing applications, making site visits, and finding new ways to support community based programs. Our work focuses on two primary goals: (1) supporting innovative, community-based programs; and (2) creating meaningful evaluations for the programs we support.

Looking forward, we will launch new programs this winter and early next year that will focus on more effective ways to support Washington families through community-based programs.

FORUM ON FAMILY SUPPORT

- by *Francesca Kubo*

June 18, 2009. Children's Trust Foundation reinvigorated its legacy of trainings for Family Support Professionals during our **2009 Forum on Family Support**, where we were joined by fifty Family Support Professionals to learn from one another, encourage best practices, and discuss three important themes: **COMMUNICATION, ADVOCACY, and EMPOWERMENT.**

Forum attendees pressed panelists and discussed the challenges facing Family Support Centers throughout Washington State, exploring ways to better **COMMUNICATE** their outcomes as they make their case to funders.

The forum introduced fresh resources available to Family Support Centers to

help their participants deal with the legal issues that they face and how to maximize **ADVOCACY** for children and families during a panel discussion with **June Krumpotick** from **Legal Voice's** Self Help Program and **Deborah Duitch** from **Treehouse's** Educational Advocacy Training.

The forum also explored programs offering **EMPOWERMENT** to Family Support Centers, like **Community Café** and its success in developing parent leaders.

Thanks to our gracious host, the **International Family Center**, and to the tireless Family Support Professionals for making this event so productive

CONNECTING FAMILIES THROUGHOUT WASHINGTON: FAMILY SUPPORT PRO

- by *Tracy Sarich*

This fall, we launched a new initiative to support professionals working in the field of Family Support—**Family Support Pro**—designed to respond to the needs of Family Support Professionals as they work to strengthen parents and children throughout Washington. Our initiative prompted new collaborations with **Children's Home Society, Lutheran Community Services, the City of Seattle, and Family Support**

Washington aimed at providing trainings and opportunities to share best practices and increase their effectiveness in order to ensure that Washington families receive the very best. For more information about this initiative and to support the advancement of effective programs for parents and children, contact Executive Director **Tracy Sarich** at tracy.sarich@childrenstrust.org.

THE POWER TO MAKE A DIFFERENCE

Our **2009 Forum on Family Support** survey produced this list of the top services Washington families seek:

1. Information about parenting skills and child development
2. Resources to build family social networks and connections
3. Help supporting family self-sufficiency and self-reliance

Our 2009 grants meet this need today. Children's Trust Foundation grants support these three outcomes to prevent child abuse and neglect and strengthen families. **We need your help to ensure child abuse and neglect prevention programs continue.** You have the power to meet these needs when you give to our **Power to Make a Difference Campaign**—where 100% of every dollar you give will go to Family Support grants.

Give and make a difference today!


 fsPRO

"Whether children are raised by two parents, a single parent, grandparents, a same-sex couple, or a guardian, families encourage us to do our best and enable us to accomplish great things."

President Barack Obama

25TH
ANNIVERSARY
REPORT

DEDICATED TO PREVENTING CHILD ABUSE & NEGLECT FOR 25 YEARS

Children's Trust FOUNDATION



THE POWER TO MAKE A DIFFERENCE CAMPAIGN

DONATE TODAY!

Our 2009 grants make a difference in the lives of more than 3,200 children and parents throughout Washington every day.

Make a difference in the lives of even more families. Give to our **Power to Make a Difference Campaign** and help us raise **\$225,000** for Washington families.

Make your gift **today** and **100%** will go to Family Support Grants!



Visit www.childrenstrust.org and **Make a Gift!**